Psychology of Addiction Class

Step Into Your Greatness
-Phelicia Jones

Once a week, men and women of various backgrounds come together to discuss substance abuse. These substance situations have generally resulted in some form of contact with the criminal justice system. The goal of the group is to allow for safe and positive personal growth and development towards abstinence. Phelicia Jones, MCP, is a San Francisco Sheriff's Department Rehabilitation Services Coordinator, as well as an esteemed member of the Community Programs Department. She prides herself on keeping the class an honest space, where attendees will not be judged or berated for anything they disclose. Working within the cognitive behavioral therapy model, Phelicia believes that changing your mind can change you life. And that anyone, and everyone can be capable of positive change. Take the first step, and begin your self-actualization process.

Wednesday's 5:00-6:00

70 Oak Grove St. SF, 94107

San Francisco Sheriffs Department Community Programs



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